

CONTENTS

9 - 12 years

LESSONS

Special Instructions to Teachers.....	3
Lesson for Capricorn	8
Lesson for Aquarius	22
Lesson for Pisces	32
Lesson for Aries	45
Lesson for Taurus	59
Lesson for Gemini	71
Lesson for Cancer	85
Lesson for Leo	97
Lesson for Virgo	109
Lesson for Libra	118
Lesson for Scorpio	129
Lesson for Sagittarius	140

SPECIAL INSTRUCTIONS TO TEACHERS OF GRADE III

JUNIOR COURSE

Children of 9 to 12 Years

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This age-group offers to the teacher a most interesting and fruitful field of endeavor. Boys and girls, during this period of growth, are thoroughly alive and awake and are actively absorbing all that they see and hear. Their chief interest lies in *using* their fast-growing powers and awakening faculties. What is more, they will use them in any way that makes a sufficient appeal to their imagination.

What is happening to them inwardly is this: The forces which play along the positive pole of the chemical ether — forces released at the birth of the vital body — are exceedingly active during this period. Vital energy, in large quantities, is pouring in to take care of assimilation and growth in the dense body. Meanwhile, the life ether is being stored in the generative organs to be released at the birth of the desire body. Thus it is a period of intense activity on the part of Nature.

During the preceding period the child has been getting acquainted, as it were, with the *outside* of things — he has been content just to see them, to examine them, to play with them; but as the forces working in the vital body become more and more active, he begins to want to know the *meaning* of what he sees. During this period he becomes, as all parents will testify, a living question mark.

This is the educator's great opportunity. All of the spiritual work of this period has as its purpose preparation for the birth of the desire body with the specific aim of developing in the unfolding consciousness "an inherent sense

of truth to serve as a guide when the emotions are unleashed." The work of establishing good habits of thought and action, of building up conscience and memory, begun in the Primary Course, should go forward during these years in a broader and more intensive way, to keep pace with the growing keenness of the senses and the wider and more complex impressions which are being received.

It is a tremendous privilege to be able to interpret these impressions to the growing boy and girl in the light of the Rosicrucian Fellowship standards and to correlate them with the fundamental truths revealed in these cosmic teachings.

We are not to teach these boys and girls to *reason* — that would be forcing the unfolding of the mind — but are simply to explain the true meaning of the things they see and experience, so that the vivid impressions they are receiving from every side may be associated in their memory with the idea of the fundamental law and order underlying all phenomena. When we make this connection for them between the outer world and the inner law, we are building in them the foundation for a scientific attitude toward life, an attitude which will help them in later years to avoid the narrow personal viewpoint which is so cramping to the mind and to all spiritual growth.

Verbal memory is at its height during this period and we may take advantage of this to give as memory work the strongest and most beautiful passages from the Bible and from the writings of great men and women, passages which extol the virtues of courage, honor, and loyalty. Hero worship is an outstanding characteristic of boys and girls at this age. The imagination which has hitherto busied itself with the marvelous and the fanciful is now turned to people and things, toward the world of facts, which it proceeds to drape in glamour and color. Feed this imagination with examples of physical and moral heroism, of virtue in action. Present the life of the follower of Christ as offering daily opportunities for heroism of the highest order — oppor-

tunities that call for courage, independence, and initiative, as well as for love, tolerance, and understanding.

Some provision is made for classroom discussion, and the teacher can provide other opportunities as she sees fit. Children of this age profit considerably from the exchange of their own ideas and suggestions on given subjects—provided, of course, that the discussion periods are carefully supervised and not permitted to degenerate into foolishness. Discussion, too, offers the teacher the opportunity of detecting erroneous notions on the part of her charges which might otherwise not be aired or corrected, and serve, eventually, to confuse the children concerned. It also gives children a chance to ask questions which they might be too shy to raise in a more formal atmosphere in which the teacher alone does all of the talking.

Help these youngsters to find joy in the constructive use of their unfolding faculties. Give them certain responsibilities in the Sunday School, such as being doorkeeper, greeting visitors and introducing them to the Superintendent, taking care of the distribution and collection of the hymnals, caring for the blackboard, etc. Let these tasks be rotated so that all may have the experience, but do not force the shy ones into positions which cause them to suffer. Let them take their own time. The desire to be like the others will draw them out of their diffidence more quickly than any coaxing.

It goes without saying that the suggestions outlined for Sunday School should be followed also in the home. Both parents and teachers need to be at their best for these boys and girls whose clear eyes look to them for the inspiration and example that will make real to them the heroic ideals set before them — ideals which, if strongly implanted in their consciousness, will enable them to face dauntlessly and intelligently all of the vicissitudes that life may bring them.

INTRODUCTION TO JUNIOR COURSE

(This introduction should be given to the children at the beginning of the Sunday School semester. The explanation of the zodiac is particularly important. Be sure that the children understand why the "Star Angel" changes each month. It would be well to construct a large chart showing both the Sun in the center and the constellations of the zodiac, and having a "movable" Earth whose position can be changed each month.)

When we look at this wonderful world that God has made — the world that we call Nature or the Solar System — we see millions of living things, and every one of them is *doing something*. The trees and plants are growing and blossoming and sending out seeds from which more plants will grow. The hundreds of different kinds of animals that live in the woods and plains and jungles of Earth are busy finding their food and protecting their little ones from harm. Insects of every kind are scuttling about looking after their own affairs, which seem to be as important to them as our affairs are to us. We can see how busy the people around us are, too — working and learning and building and hurrying about and doing things and, sometimes, busy at things that aren't really very important at all.

Then we look up at the sky above us that stretches into the distance, farther than we can think. In that vast sky we see the Sun, the Moon, and the stars, and they, too, are busy. They are working with every life spark in the universe, which means they are working with you and me, as well as with every grain of sand, every plant, and every animal, helping God to awaken these life sparks more and more so that they can at last understand why they are here and what they must do to find the way to God, which is the only way to happiness.

We come to Sunday School to find out what the great messengers of God, called Star Angels, are telling us, for until

we learn to listen to and understand their messages, we shall never find the way that leads to God and to happiness.

Now let's learn just how these messages of the Star Angels come to us Earth-children. Around God's solar system there is a great circle called the zodiac. The zodiac is made up of groups of stars, twelve in all, in which live the star Angels. These groups are called the "signs" of the zodiac. Each group is helping us in a different way; each has its special messenger to teach us something that we need to know. In the center of this great circle is the Sun. Our Earth, like all the other planets, travels around and around the Sun. It takes the Earth one year to make the journey around the Sun and one month to pass through each sign of the zodiac.

Now listen well to this, so that you will be sure to understand it. When the Earth is passing through one of the signs — that is, passing in front of it — (illustrate with chart) the Sun stands between the Earth and the opposition sign. Suppose the Earth were here in the sign Cancer. If we could look straight across, right through the Sun, we would see the sign Capricorn, so we say that the Sun is in Capricorn. If the Earth were here in Taurus, we would say that the Sun is in Scorpio because Scorpio is opposite the Sun on the other side. If the Earth were here in Gemini, we would say that the Sun is in Sagittarius because Sagittarius is opposite the Sun on the other side. So it goes all the way around the entire circle.

Whenever the Sun is in a certain sign, it means that the Star Angels of that sign are working with us in a special way, and with every other life spark on the Earth, to help us learn certain particular lessons that we need to know in order to find our way to God. You will see how this works as we go along. Every Sunday we will make sure that the picture of our Earth here has been moved to the right place so that we can see what sign the Sun is in. Then we will mention what the message from those particular Star Angels is.

LESSON SUGGESTIONS FOR CAPRICORN

GRADE III — FIRST SUNDAY

KEYWORD: Thoughtfulness.

This morning we see by our picture that the Star Angels of Capricorn are the ones who are working with God this month to help us find the path that leads to Him — which is the path to everything happy and good and beautiful and true.

There is one big secret in connection with the things that God is teaching us through His Star Angels. It is this: we never can find out how true and wonderful these things are unless we really do them. So let us, in this class, decide right now that we are going to try every single thing God asks us to do from month to month and find out for ourselves what happens. If you do this honestly and with all your hearts, I think you will say after a while that it is more fascinating than any game you ever played in your life.

The biggest thing that the Star Angels from Capricorn are teaching us is to do the things that we know to be right even when they happen to be hard or disagreeable for us. The special messenger from Capricorn is, as most of you know, the great Star Angel Saturn. The message which he sends out to us silently all this month is, "Stop and Think." Now you will find, as we go along, that the special messenger from each sign always gives the message that will help us most in doing the particular thing that is called for that month, so you would really say he gives us the key to that month's lesson.

You can see for yourself that if you "Stop and Think" you are much more likely to know what is the right thing to do than if you just go ahead doing whatever you feel like doing, without thinking about it at all. But there is much more to Saturn's message than that. Do you know what happens when you send out a thought from the power

house in your brain? That thought has a color and a form and it is alive. If it is a good thought, a happy thought, a kind or loving thought, it has a beautiful form, sometimes like a lovely flower, and it is always made of beautiful colors. This lovely thought form will float about for awhile touching the people about you and helping them to be happier and better, and then it comes back to you, bringing with it all this good to help build your Golden Wedding Garment, that Soul Body of yours, make it stronger and brighter. If it is a bad thought — ugly or angry or wrong in any way — it has an ugly shape and is made of dull, dark colors. Instead of helping people it harms them and then comes back to you and pours this harm out upon you. So, you see, we really make ourselves just what we are by the kind of thoughts we think all day and every day, and we can learn to think kind, helpful thoughts just as easily as any other kind.

The great Christ Spirit had to leave His glorious home in the Sun and come to teach us how to live and how to love because we had become very selfish and did not know what it meant to love other people and help them. He, with His great love, is still helping us learn to live and love, and, since we Earth-children still have a lot to learn, He must come to us year after year at Christmas-time and enter into the heart of the Earth to become our Star Angel. He is there now, calling to us to be loving and true and good, and remember that every strong, good thought that you think is helping Him in His great work and bringing nearer the day when He can be free again. That is a very wonderful work, and we each one have a part in it. No one else can do our part for us, and if we don't do our part, someone else has to work all the harder to hasten the day when Christ will come again.

Now, wouldn't you say it is important to watch our thoughts and be careful to send out only good ones? Indeed, it is important, just about the *most* important thing we can do. So we are going to do it, aren't we?

GRADE III — FIRST SUNDAY

Bible Lesson — Luke 2:1-21

THE BIRTH OF JESUS

Golden Text — And the angel said unto them, Fear not: for behold, I bring you good tidings of great joy, which shall be to all people.—*Luke 2:10.*

For a long time before the baby Jesus was born, men had been saying that some day a very great Being, to be called the Saviour, would come to Earth teaching everyone to be peaceful, loving, and good. There was a very important reason why a savior had to come and help all the people. You see, in those long-ago days many people didn't know very much about being kind to one another. Many people were very selfish, caring only about themselves. Because of this, they were often cruel and harsh, doing much to hurt others. Then, of course, they broke many of God's laws, because God wants us to be kind, good, and loving to everyone, but they did just the opposite.

When we break God's laws, we can't grow and develop into fine and good people the way we are all supposed to do. Instead, we start going *backwards*, getting worse instead of better. Because so many people were about ready, in those days long ago, to start going backwards, they needed someone to come and teach them how to be good and obey God's laws.

God had planned for a long time to send the Saviour to Earth, but He wanted to find the very best mother and father for Him, who would take excellent care of Him while He was a baby and teach Him all the things He had to learn while growing up — just the way your own mothers and fathers do. So God waited until He found the right parents, whose names were Mary and Joseph. Mary and Joseph were very good people; they loved God and obeyed His laws, and were always thoughtful, kind, and loving to other people. In fact, they tried every day to live the best way they knew

how and, because of that, God knew they would be just the right parents for the Saviour.

God sent one of His Angels to tell Mary that He would soon send the baby Jesus to her and Joseph. He wanted Mary and Joseph to know ahead of time, so they could get everything ready while thinking the very best thoughts they could about baby Jesus. At first Mary was a little bit afraid, because she had never seen an Angel before, but when he told her about the baby who was coming she was ever so happy and thanked God for His wonderful gift to her. Joseph was very happy, too, and he and Mary spent much time in the next few months praying that God would guide them to do all the right things for little Jesus.

Just before it was time for Jesus to be born, the Emperor of the country where Mary and Joseph lived said that everybody had to go to the town or village where he had been born to pay his taxes. You probably have heard your mothers and fathers talk about the taxes they have to pay, but at least they can stay home and pay them. In those long ago days, though, Mary and Joseph had to travel a long distance to the village of Bethlehem. They set out on their long trip, Mary riding on a donkey and Joseph walking along beside her.

They were very tired when they got to Bethlehem, and went to the inn — which was like a motel where travelers could spend the night. All of the rooms at the inn were taken, and there wasn't a place for Mary and Joseph to stay. The innkeeper felt sorry for them, though, and told them if they wanted to, they could stay in the stable where the animals were kept. Of course there were no beds in the stable, and no other furniture, but because it was the only place in Bethlehem where there was any room for them, Mary and Joseph were happy to go there.

So it was that on the most wonderful of all nights, the little Lord Jesus, God's dearest and most loving gift to the whole world, was born in a stable in Bethlehem. At the very

moment He was born, a beautiful thing happened. In the hills outside Bethlehem some shepherds were watching their sheep and shivering in the cold dark night — because it was, after all, the middle of winter. Suddenly they saw a light shimmering in the sky above them and heard music — sweet, soft music from hundreds of singing voices that sounded prettier than any songs they ever heard before. At the same time an Angel — the very same Angel who had come to Mary — came to the shepherds telling them that the little Lord Jesus was born in Bethlehem.

The shepherds then saw that many other angels were there, and they were all singing and making beautiful music because they were so happy the little Lord Jesus was born. The words they sang were: “Glory to God in the highest, and on earth peace, good will toward men.” The shepherds knew these words meant the little Lord Jesus had come to teach us that if we all learn to love one another and be good to one another, just as Jesus and God love us and are good to us, someday there will come a glorious time when there will be peace everywhere in the world and no one will ever again be unhappy.

GRADE III — SECOND SUNDAY

KEYWORD: Faithfulness.

Who is our Star Angel teacher this month? (Saturn.)
And what is his message? (Stop and Think.)

You have all been trying your best to watch your thoughts during the week, haven't you? Hasn't it been interesting? Tell us about it. (Brief discussion.) It is easy to forget, isn't it, and let the thoughts come tumbling out as they will, but if we are faithful in trying to make them what WE want them to be we shall win in the end.

This morning we are going to talk about what is being done in God's Universe by thought. You know that in our

world not the least thing can be made until someone has thought about it and made a picture of it in his mind. Could a carpenter build a house without a plan that had been thought out by himself or someone else? Could a woman make a dress without having a picture — on paper or in her mind — of the kind of a dress it was to be? Of course not. So we find, when we “stop and think” about it, that everything begins with a thought in somebody’s mind. As it is in our world, so it is in God’s World, Nature.

Everything in this Universe began as thought in the mind of God. He made a plan, a plan so wonderful that we can hardly begin to imagine it until the Roses have bloomed upon our Cross. At the time God made His plan, all the life sparks that lived in Him had been asleep for a long, long time, but when the glorious picture of the Universe was made and sent out, as a living thought from the mind of God, all the life sparks who were to have a part in working out the plan were awakened and began to take their places.

God’s grown-up children, who had already become Star Angels before they went to sleep, made the great circle of the zodiac, as we know. And they began *by their thoughts* to awaken the smaller life sparks and help them to get ready to do their part in the working out of the Plan.

Wave after wave of these life sparks were awakened and started on their way. We who are now human beings were one wave; after us came the life sparks who are now working in the animals; then the ones now working in the plants; and last of all, the life sparks working in the minerals — that is, in the rocks and sand and metals of which our earth is made. Each of these life waves is called a kingdom: the human kingdom, animal kingdom, vegetable kingdom, and mineral kingdom.

God and His great Helpers have loved and guided and protected all of these life waves for millions and millions of years — making three and a half of the great “days” that the Bible tells about — and all for this: to bring us to the

point where we can understand about the Plan and begin to take our part in it. We can't begin to be real helpers in the Plan until we have begun to learn how to love, for, you see, every selfish unloving thought that we think is a mistake that has to be undone. It is like a blot on God's picture, a blot that we must erase ourselves. When we are making blots we are not helping very much, are we?

What do you suppose will happen to us when we *have* finally waked up enough and learned enough to become helpers in the Plan? (Discussion.)

Some day you will be men and women, like your fathers and mothers, and will have children of your own. Just so shall we as children of God, when we have worked with Him in love and joy for many, many lives, through millions of years, grow to be like Him and have universes of our own. With all these glorious things ahead of us, depending on what and how we think, you can see why God's messenger from Capricorn keeps telling us to "Stop and Think."

GRADE III — SECOND SUNDAY

Bible Lesson — Luke 2:22-38

PRESENTATION IN THE TEMPLE

Golden Text: And Mary said, Behold the handmaid of the Lord; be it done unto me according to thy word. —*Luke 1:38.*

A very important event took place when Jesus was just one month old. As required by God's laws, Mary and Joseph took the baby Jesus to the temple in Jerusalem.

What Mary and Joseph showed by doing this was: Their pledge or promise to God to do their very best in raising Jesus so that He might become a good channel for serving God throughout His life. To accomplish this they were asking God's guidance and help, because they realized their

need to accomplish their great work in bringing up the baby Jesus.

We, too, must ask God's help in doing what is required of us. So very often we overlook this and find ourselves in a big hurry to get places and do things without first being quiet and asking in a little prayer for help to do and say that which is right, also to be thoughtful and kind. If we will just think the Magic Keywords of Love, Peace, and Joy, that helps, as we go through the day, to be happy by making others happy. When we have good, kind thoughts those around us can tell by our actions and are glad to be with us in our play, or whatever we may be doing.

While Mary and Joseph were in the temple with Jesus, along came an aged man named Simeon, who had spent his life obeying God's laws as best he knew how. You can just imagine what a great joy it was for him to take the baby Jesus in his arms and bless him, praying to God, "Now let thy servant depart in peace, for I have seen the salvation which You have prepared before all the people." Mary and Joseph marveled at what Simeon said. He blessed them too, saying, "This child is set for the falling and rising of many in Israel."

At that moment in came a woman named Anna, who stayed continually in the Temple, serving God by praying and fasting night and day. She also thanked God for the privilege of seeing Jesus and spoke of Him to all those nearby who looked forward to seeing the promised Saviour.

Many people did not understand that Jesus was going to be the one who had come to show people how to live better lives by being kind and loving, as well as helpful to their friends and neighbours. They thought he would be an earthly king and sit on a throne ruling the people with regard to their taxes, property, laws, etc. But Jesus' real mission was to show the way to become real workers in God's Plan for all mankind. As a child, he was getting the training and teaching necessary so that he could do all that was required

of him by God our Heavenly Father.

It is most important that we, too, learn all we can about the right ways of doing things, like being kind and thoughtful of those about us, even though we may not always understand them. We are all God's children, large and small, which really makes us all brothers and sisters. Today many people still do not understand this, but gradually more and more of them are realizing that God's love extends to all people regardless of race or color or creed. When enough people in this world have love in their hearts, there will come the time when there shall be peace all over this Earth of ours and wars will be no more.

GRADE III — THIRD SUNDAY

KEYWORD:—Support. Self-sacrifice.

Why is it so important for us to learn how to love?

Until we learn how to love we are continually thinking the wrong kind of thoughts — thoughts that make trouble for God, for ourselves, and for other people. Besides, we delay the coming of that wonderful day when we can join in with the thoughts of God and take our place as real helpers in the Great Plan. We begin to be helpers just at the moment that we begin to know how to love!

We found out in the last two lessons something about what thoughts are and what they can do. You know that the thoughts of God have made this whole glorious Universe — His World — and that our thoughts, the thoughts of human beings, have made many things that are beautiful and that are ugly and sad in our world. So it will not be surprising to hear that these wonderful bodies we live in today began also as a thought.

This is how it happened: when God started His Universe He put all of us who are now human beings into a round globe like our Earth, only instead of being made of

rocks and earth, it was made of the fine, fine stuff that thoughts are made of. This globe was dark and warm. We were just as sound asleep as could be and just as dead-looking as a grain of sand. But all around us, you remember, were God's Star Angels of the zodiac. One of these groups of Star Angels, called the Lords of the Flame, offered to help us get started. It was they who gave us the seed of the first body we ever had. It was a thought seed, of course, for the world we lived in was made of thought. Like all other living seeds it had in it the picture of what it was to be. After giving us this seed with the picture in it the Lords of the Flame worked a long, long time to awaken us enough to get started working on that picture.

For all the millions and millions of years since that time we have been busy learning how to build a better and better body and make it work, with God and His Star Angels helping us always. During that time we have had some very different bodies. The first picture that was given us was very simple, and when we had learned how to make that simple body God gave us a picture of a better one, and then a still better one, until we came to make the wonderful body that we live in today. As we learn more and more about God and about ourselves we shall become more and more able to make our earth bodies as beautiful and holy as God wants them to be. He wants them to be perfect, you know, and in time they will be.

The particular part of the body that the Star Angels from Capricorn help us build is the knee, but it was Saturn, the messenger from Capricorn, who helped us to build all of our bones and make them hard enough to support the body. No man was ever able to make a support as wonderful as the skeleton, so light and yet so strong, every part fitting so perfectly with every other part and each bone perfect in size and shape for the work it is to do.

Just above the nose, back of the bone that makes your forehead, is a little open space and that is the holy place in

your body where the spark of God that is You lives. While you stay in that little holy place your body is alive and awake. When your body gets tired and needs a rest, it goes to sleep, and then you leave your body for a while. Of course, the real You is still attached to the body, by what we call the Silver Cord, but you don't feel it as when you are awake. When your body gets all out of order and can't be used any more, or when God calls you, you move out altogether into the heaven world and your body dies. But you carry the picture of it with you wherever you go, and when the time comes for you to come back to the Earth for another life here, the Star Angels are always there to help you build a new one. So when you "stop and think", you see that it is the spark of God in you that is the *real* support of your body, for the skeleton and all the wonderful machinery that you have inside your body are useless and helpless without that spark of God to run it and make it live.

GRADE III — THIRD SUNDAY

Bible Lesson — Luke 2:40-52

JESUS AMONG THE DOCTORS

Golden Text — How is it that ye sought me? Wist ye not that I must be about my Father's business?—*Luke* 2:49.

Jesus was taught at home and also in the village school. At the age of five he began reading the sacred writings of the prophets; at ten years he started reading the books of the Law (now the first five books of our Bible). At that time they were written on scrolls instead of in books as we have today. He may also have learned some Greek or Latin, but the language of the people was Aramaic, which Jesus spoke also. Then, too, he was working with his father, Joseph, in his carpenter shop. Thus it was a busy life Jesus led.

At the age of twelve Jesus went, for the first time, to the Temple in Jerusalem to celebrate the Passover (commemorat-

ing the deliverance of the Israelites from Egypt, about which we shall learn more later). It was a great occasion with many people traveling the same way, and in those days, usually walking. Very likely they would picnic along the way, for they would be carrying their food and eat while resting.

In accordance with the Temple law, at twelve years Jesus would become a son of the Law, his first legal duty. He would be given a broad band, on which would be marked scripture verses, as a reminder to obey God's commands. No doubt they were similar to the Ten Commandments given to Moses by God for the Israelites not long after the Passover, while they were traveling in the wilderness. They are as follows:

- 1) Thou shalt have no other gods before me.
- 2) Thou shalt not make unto thee any graven image.
- 3) Thou shalt not take the name of the Lord thy God in vain.
- 4) Remember the Sabbath day to keep it holy.
- 5) Honor thy father and thy mother.
- 6) Thou shalt not kill.
- 7) Thou shalt not commit adultery.
- 8) Thou shalt not steal.
- 9) Thou shalt not bear false witness against thy neighbor.
- 10) Thou shalt not covet anything that is thy neighbor's.

We shall refer to these commandments later from time to time, but meanwhile let us learn them, for even today they are important guide lines for daily living.

We can well imagine what an experience it was for Jesus to be in the magnificent Jerusalem Temple. There was much to wonder about, and Jesus asked the Temple teachers and doctors many questions. They, in turn, asked questions of him and were astonished at the answers coming from one so young.

The questioning continued long after Mary and Joseph, along with many others, had begun their homeward journey;

however, it wasn't until night time that his parents discovered Jesus was not among their group of friends and neighbors. They went back to Jerusalem, and imagine their surprise, on the third day, to find Jesus among the teachers and doctors in the Temple.

Mary said to Jesus, "Son, why have you done this to us? Your father and I have looked for you with much sorrow."

Jesus' answer was surprising; "Didn't you know that I must be about my heavenly Father's business?" His parents understood that Jesus meant God, Who is the Father of us all.

Jesus returned with his parents to their home, doing all they required of him. There he grew both in wisdom and strength, finding favor with both God and man.

We see that Jesus was obeying the fifth commandment, "Honor thy father and thy mother." It is important that we do so, too. How do you think we can do that? What shows that we are doing so?

GRADE III — FOURTH SUNDAY

Bible Lesson — Luke 3:1-18

REVIEW; also, MESSAGE OF JOHN THE BAPTIST

Golden Text — Prepare ye the way of the Lord, make His paths straight.—*Luke 3:4.*

John the Baptist was being prepared to give a great message to the people of his day. His entire life of thirty years was spent in preparing for the work he was to do in just six months' time. As a very young babe, he was taken by his mother to live in the desert. Their food was locusts, wild fruits, and honey; they stayed far away from other people because the soldiers were searching for him, after having killed his father, Zachariah. It was a strange life

for the boy, and yet one that was beautiful, as well as quiet and peaceful. His mother taught him daily, preparing him for his great work of announcing the coming of the Messiah.

When the time came, John the Baptist, as he was called, appeared suddenly in Jerusalem, startling the people by his rough appearance because he was dressed in the rough desert clothing. However, his message was direct. The people were greatly affected by his preaching of repentance and baptism for the wiping away of their sins. The crowd, surrounding John at the Jordan River, was made up of many types of people. They were drawn to him as "a man sent from God" and, confessing their sins, were baptized.

John was telling the people there was no time to be lost for they would be held responsible for their sins unless they were so sorry that they would never again sin in the same way (that is what repentance really means). He also told them that the Messiah was coming soon and that they would not be able to hide their sins from Him.

All around us today we see many things contrary to what we are learning here about what is right. Some believe it far easier just to follow others. It takes courage to do the right thing which will lead us to our goal of becoming workers under God's Divine Plan, in which each one of us has a part to carry out. When we put our higher will and the needs of the higher self (the divine spark within each one of us), and the needs of others, above the temptations of the lower self, we are doing God's work. To do this, we need to be on the constant look-out to chase away harmful thoughts which can hold us back. We must replace them with good thoughts in harmony with God's purpose in creating us. We can always erase those harmful thoughts by thinking of the Magic Keys of Love, Peace, and Joy — for God is Love, and His message is Peace, which gives the only true Joy.

Note to Teachers — The review for Capricorn will be carried through the coming lessons, for it is important as background to all those which follow.

LESSON SUGGESTIONS FOR AQUARIUS

GRADE III — FIRST SUNDAY

KEYWORD: Individuality.

This morning we find by our chart that during the week our Earth in its journey around the Sun has brought us in line with a new sign, the sign Aquarius. We know that means we have come under the care of a new group of Star Angels, who bring us a new message and interesting new lessons to learn. The special messenger from Aquarius is the great Star Angel Uranus, who calls to our hearts all this month, "Let's be friends!" Saturn's call of "Stop and Think" is sounded, too, all month as he works with Uranus to help us learn the lessons of Aquarius.

The big lesson we have to learn under Aquarius is to be always, truly and honestly, ourselves, to think for ourselves, to do what we believe to be right (Saturn helps us here), and at the same time to be friendly to the people whose ideas are entirely different from our own. It isn't always easy to do this because we usually feel sure that we are right and those who think differently from us are wrong. Sometimes we even look down upon them because we think they do not know as much as we do, or that they are not as good as we are. This is a great mistake, for while we may be ahead of them in one way they may be ahead of us in other ways — ways that perhaps are hidden from us. That is one reason why Uranus calls to us, "Let's be friends."

You see, God lets each of us Earth children choose what we shall think and what we shall be and what we shall do, because He wants us to find out for ourselves what is good and what is bad. We have been doing this choosing for many, many lives on Earth, and during that long time no two of us have thought alike or have done things in exactly the same way, so each of us is different from all the rest and each

of us is traveling his own path to God, the path that he has made for himself by his own thoughts and actions. When we know this we feel quite different about the people who are not like ourselves, and instead of blaming them for not thinking as we do, we want to understand how *they* think and feel about things and what *they* have learned on their particular path.

When you try doing this you will be surprised to find that every single person you meet — boy or girl, grown-up or little child — is interesting to you, because you may learn something new from each one, and they may learn something from you. This is really the secret of feeling comfortable and happy with all kinds of people, instead of with just the ones you happen to like.

We decided, you know, that we were going to try everything that God's messengers asked us to do. So all this month while Uranus is saying, "Let's be friends," and Saturn is saying, "Stop and Think," let us remember when we meet people who are different from ourselves to try to understand their way of looking at things. We may find that their way is better than ours, but even if it doesn't seem so to us we will understand that each one is traveling a different path from the one we are traveling and that his path will lead him to God in the end, just as surely as ours is leading *us* to God.

There is something very important you should know about these different paths, and it is this: as long as we go on having ugly, unkind thoughts and feelings, and doing things that are wrong, our path is a long path that twists and turns in every direction and takes a very, very long time to get to God. But there is one path that leads straight to Him, and that is the path we take when we begin to love Him so dearly that we try with all our hearts to do the things He asks us to do.

GRADE III — FIRST SUNDAY

Bible Lesson — Mark 1:6-11

THE BAPTISM OF JESUS

Golden Text — Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.—*II Corinthians* 5:17.

One day, as John was baptizing people in the Jordan River, he looked up and saw Jesus walking toward him. John said, "This is he of whom I said, 'After me comes a man which is preferred before me: for he was before me.'"

Jesus asked John, "Baptize me also."

John replied, "Rather it is you who should baptize me."

Jesus then said, "Now it is for you to baptize me." John then did so with great humility.

Jesus stepped into the river and John baptized him. When he came out of the water, a strange thing took place. The heavens opened, and a voice was heard saying, "This is my beloved Son, in whom I am well pleased."

The people didn't know what that meant, but both John and Jesus understood that the body of Jesus had been taken over by the great Christ Spirit, and that from then on it would be Christ Jesus, instead of just Jesus.

Although Jesus had done some teaching among the people, after he became Christ Jesus His work would spread throughout the country. The people who heard Him would tell others about Him until people all over the world would hear His unusual message. Many would believe His wonderful Teachings, and try to live as He taught them.

One way of helping ourselves to live as Christ Jesus taught is by going over the happenings of the day in our minds before going to sleep at night. We begin with the very last thing we did before retiring and go over each happening in reverse order (backwards, that is) until we get to the moment we awakened in the morning. We praise ourselves

for the right and good things we did, feel very sorry for whatever wrongs we have done, promising ourselves to do better next day and try to make up for those wrongs, as best we can, by setting them right the next day where possible to do so. This helps in learning how to become better boys and girls, because we find out how to profit from our mistakes instead of overlooking the valuable lessons they can teach us. Then, too, it makes us more observing and improves our memory. At first it may seem very difficult, but as we keep on trying each evening, we shall soon find it becoming easier and more helpful.

How about doing this exercise, called Retrospection, each night before you go to sleep?

GRADE III — SECOND SUNDAY

KEYWORD: Friendship.

Last Sunday we decided that we were going to stop blaming people for not thinking or feeling as we do about things and were going to try to understand them instead and to learn something about their way of thinking and feeling. Have you done this? How did it work? (Discussion.)

If you keep this up faithfully all during the month that the Sun is in Aquarius, you will never want to go back to the old way of blaming or disliking people who differ from you.

This morning let us do some more thinking about the message of Uranus, "Let's be friends," and see what more we can find in it. First of all, what does the word "friend" mean to you? (Get an expression from class members.) Yes, it means all that and more besides. The farther we travel along the road that leads straight to God the more wonderful this word "friend" becomes.

I wonder if you know that you look at your friends in a way that is entirely different from the way you look at

other people. It is really as if you put on eye glasses of different colors. When you look at someone you love it is as if you put on glasses that are tinted a lovely rose pink. Everything looks beautiful through these glasses, and even the things that are not nice about your friends do not look so bad to you because you see them in that soft pink light. When you dislike a person, it is as if you immediately put on a pair of glasses that are a dull, brownish grey that makes even the beautiful things about that person look stupid or ugly, and makes their faults look about ten times worse than they really are.

When you are angry, you put on glasses that make everything look red, as if it were on fire, and make you so hot you think and say and do things that you grieve about afterwards, because they are not at all the kind of things you really *want* to think or say or do. If you get jealous of anyone, you put on glasses of an ugly green; and when you do not care for a person one way or the other, you look at them through grey glasses that make everything look just plain and un-interesting.

That is exactly what happens, only instead of looking through colored glasses you are looking through the colors of your own thoughts and feelings. If these colors were all laid out before you, you would choose to look through the pink all the time because that is the color that makes everybody and everything interesting and beautiful. The way to keep your pink glasses on all the time is to look out at the world and everybody and everything in it with love and kindness in your heart. When you do this you will find yourself becoming, little by little, a true friend to every person and thing and doing exactly what Uranus asks of us all in his message, "Let's be friends."

Another thing you will find out is that love is the magic key opening every heart, and that you may do a really great work in the world simply by making a habit of turning this pink light of love and kindness onto the lonely, unhappy, or

disagreeable people whom you meet along your way. Think how different their lives would be if they could only know that the reason they are lonely or unhappy or disagreeable is because they have chosen to think lonely, unhappy, or disagreeable thoughts, and all they need to do to become happy is to change their dark glasses for pink ones. Whenever you help anyone to make this change you are being a friend in the truest, biggest way possible, for you are working with Uranus to open the door of one more heart to the Christ, who is always waiting outside.

Have you ever seen a picture of Christ Jesus knocking on a door? Here is a copy of one painted by an artist named Hoffman. This picture is meant to symbolize the Christ influence which is always trying to encourage us to express love and helpfulness to others.

GRADE III — SECOND SUNDAY

Bible Lesson — Luke 10:25-37

THE GOOD SAMARITAN

Golden Text — Christ Jesus gave but one commandment, That ye love one another as I have loved you.—*John* 15:12.

Christ Jesus had a way of explaining and answering questions which made everything very plain and clear. One day there came to Him a lawyer who asked, "Master, what shall I do to inherit eternal life?"

Christ Jesus answered, "What is written in the law? How do you read it?"

To this the lawyer replied, "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind, and thy neighbor as thyself."

Christ Jesus said, "You have answered rightly. This do and you shall live."

The lawyer's next question was, "And who is my neighbor?"

Christ Jesus gave His answer in the following parable. (A parable, as we know, is a story with a hidden meaning.)

"A man was traveling along the Jericho Road from Jerusalem when he was set upon by thieves who took everything he had. Then, before leaving, they beat him until he was nearly dead. In a little while, along came a priest who, upon seeing the poor man lying there, passed him by on the other side of the road. Soon afterward came a Levite, a man whose duties are to care for the Jerusalem Temple, and he looked at the injured man, but without doing a thing for him, went on his way. Finally, there came a Samaritan, belonging to a nation greatly despised by all Jews, who got off his animal, the better to see what was wrong with the poor man. Immediately he set about tying up the man's wounds, using oil and wine to speed up the healing. He then set the man on his animal and, while he walked alongside, holding the man and guiding the beast, they went on down the road until they reached an inn or motel where they put up for the night after getting something to eat. Before leaving the next morning, the Samaritan went to the inn manager, saying, "Please look after this man. Here is money to pay for it. I'll pay whatever more is necessary when I get back."

Turning to the lawyer, Christ Jesus asked, "Who do you think was neighbor to the wounded man?" To this the lawyer replied, "He that gave the needed help." Christ Jesus then said, "Go and do the same."

We may never meet up with a person needing that kind of help, but there are other ways in which we can be a neighbor to those around us. What do you think we can possibly do to show our willingness to be a real neighbor?

You will notice the Samaritan didn't even know who the injured man was. Many are glad to do a kindness to or for someone they know, and that is just fine. How about someone we don't know? We are all God's children, and that makes us brothers and sisters. When enough people every-

where in all countries of the world come to understand and help all their neighbors, there will be peace on Earth. It has to begin with you and me, doesn't it?

At times we may find it hard to be friends with our classmates at school, or the children on our street, or another child we might meet in a store, at Sunday School, in the doctor's office, etc. Then, too, there are those in our very own family. We must do our very best, though, and when we think the charm words of Love, Peace, and Joy they help a great deal in making us more friendly toward others.

GRADE III — THIRD SUNDAY

KEYWORD: Co-operation.

Well, have you tried wearing your pink glasses all week? How did things look to you? (Discussion.)

By talking over the message of Uranus — "Let's be friends" — we have found out a number of interesting things, haven't we? They are things that will make your whole life wonderful if you will *honestly* try to make them work in yourself.

There are still other reasons for our learning to be friends. You already know that each of the groups of Star Angels working through the twelve signs of the zodiac is doing a very special work in the building of the Universe. Well, under these great groups there are countless millions of other life sparks. From now on let us call them *Beings* or *Spirits*, for every life spark is a separate being, and each one is a part of God, part of His life and light and love, and we call Him "Spirit" because He is invisible to our physical eyes.

Some of these Beings, or Spirits, are higher than we are — that is, they have been awake for a longer time than we have and have learned more. Others are lower than we are — they have been awake a shorter time and have not

learned as much as we. All the ones who are above us have learned the secret of working together for the great Plan in love and understanding, and because of this they live in the most wonderful joy, such joy as we can hardly even imagine. The ones who are below us, such as the little Nature Spirits who work in the Earth and in the plants, in the water, the air, and the fire, have no minds of their own as yet, and are guided entirely by the great Beings above. Because of that, they, too, are working together with perfect harmony and order.

Now turn your thoughts to the body that you live in. The same wonderful work that is going on in God's great Universe is going on inside of you. It is just as if your body were a baby universe. When you look at your body, you see it is made of soft flesh. When you touch it you can feel, under the flesh, the bones that make up the inner framework, the skeleton. The flesh and bones are made of millions upon millions of tiny living bodies called cells, each having its own life spark. The work that these little cells do in your body is just as wonderful in its way as the work of the Great Ones in God's Universe.

The cells are gathered into groups, just like the Star Angels of the zodiac, and each group has its own special work just as the Star Angels have. One group of cells makes up the brain and helps it to work, another the stomach, another the heart, and so on. The life sparks in these little cells are held together by the spark of God that is You — your own Spirit that lives in the little holy place in your forehead.

Some day all of us will know how to manage this army of little workers in our bodies, but not until we ourselves have learned the big secret of working together in perfect love and harmony. In the meantime the beautiful Beings above us, who have been helping us all along the way, help the life sparks in our bodies to do their work. There is plenty of work to be done in our bodies, too, work that we never think

about but which is going on day and night under the care of God's helpers, just as faithfully as the work in the great Universe.

So you see how important it is for us to learn this lesson of being friends and working together in love and understanding. God, our own Saviour Christ Jesus, and all the great Beings above us are trying to teach us how to do it. When you think about it, it surely makes you want to wake up and do your best, doesn't it?

GRADE III — THIRD SUNDAY

Bible Lesson — Luke 5:1-11

THE CATCH OF FISH

Golden Text — Fulfill ye my joy, that ye be like-minded, having the same love, being of one accord, one mind. — *Philippians* 2:2.

Christ Jesus now began gathering around Him those men He needed to become disciples for spreading the New Age message of love. The largest number of them were found around bodies of water. There is a special reason for this which we shall learn more about later.

Many people crowded around Christ Jesus as He stood by Lake Gennesaret. There were two empty ships pulled up on the shore, their owners having gone into the lake to gather up their empty nets. Christ Jesus entered the ship belonging to Simon, asking him to push it out a little from the shore. After he did so, Christ Jesus sat down and spoke to the people from the ship. When He had finished speaking, He turned to Simon, saying, "Launch out into the deep water and let down your nets for a catch." Simon replied, "Master, we have toiled all night and taken nothing, but even so, I will let down the nets as you ask." Imagine everyone's surprise when they saw such a quantity of fish

that the weight of them broke the nets! Simon called to the men in the other ship for help. They came to his aid, and when both ships were filled with fish they began to sink. Everyone was amazed and Simon fell down upon his knees at Christ Jesus' feet saying, "Depart from me, for I am a sinful man, O Lord." To Simon and his partners Christ Jesus said, "Fear not, for from now on you shall catch men."

When they had brought their ships to the shore, these three men left everything and became followers of Christ Jesus. In such a simple way did He show these fishermen what they could do to teach the people, but first there was much to be learned from their Teacher. The message of love He brought to the world was such a new idea that it was difficult for most people of that day, and, even now at the present time, many people still haven't learned to love one another. We all have much to learn and it is a great privilege to have that opportunity.

We can become workers in Christ's vineyard when we love one another as God loves us. Even though at the beginning we make many mistakes, as we keep on trying and praying for God's help in doing the right thing, we will find we improve and become better persons day by day.

GRADE III — FOURTH SUNDAY—Review of Keywords.

LESSON SUGGESTIONS FOR PISCES

GRADE III — FIRST SUNDAY

KEYWORD: Obedience.

Since last Sunday, our Earth in its journey around the Sun has brought us in line with a new sign, the sign Pisces. This means, as you know, that the great Beings who work through this sign are our special teachers for this month.

There are two great Star Angels who serve as messengers

from Pisces. One is Jupiter, the beautiful planet that we often see in the evening sky. His message is, "Be kind!" The other messenger is the planet Neptune who is too far away to be seen without a telescope. His message is the most important of all because it helps us to get the messages of all the other Star Angels. It is "Sh! Listen! God is calling!" If we listen to God's voice in our hearts we cannot help getting the messages He is sending to us by all of His great Helpers, too.

The biggest thing that the great Beings of Pisces are helping us understand is that every human being is truly a child of God like ourselves, and so is truly our brother or sister. The next thing they are helping us to understand is that all the troubles and sorrows that come to us come because we have not yet obeyed the voice of God in our hearts, the voice that tells us always what is good and what is bad. We call that voice *Conscience*.

You see, the Real Self of even the worst person in the world is that beautiful spark of God. It lives in the holy place in his forehead just as it does in ours. The only reason that person is bad is because he has disobeyed the voice of God for so many lives that he can no longer hear it and is doing just what he feels like doing.

You know what wrong thoughts and actions do to us. They make things go wrong in our lives. So some day, either in this Earth life or the next, the poor person who is doing wrong will get himself into such terrible trouble that he will at last cry out to God for help. That cry will open the door of his heart a little crack. Right away the great love of the Christ will pour in to help him again to listen to the voice of God and so find his way back to the path that leads to Him and to everything that is good and beautiful and true.

There are many, many people who have lost their way because they have stopped listening to their conscience — that voice of God in their hearts — and who have even forgotten that they are His children. Do you suppose there is

anything we can do to help these poor people who have lost their way. Think for a moment. What could you do to help them? (Discussion.)

When a man or a woman has done something very bad, people generally send him or her thoughts of fear, hatred, and anger. These kinds of thoughts just stir up more bad thoughts and feelings in him or her, of course, and make that person behave worse than ever.

Now you begin to see what you can do to help such a person. You can do what Jupiter says, "Be kind!", and send him some strong, good, loving, thoughts. When you hear of somebody who has done something very wrong, just try doing this: be very still so that you can come close to God and then think of that beautiful spark of His life and light and love that is living in the forehead of the one who has done wrong. Then send him some such thought as this: "You are a child of God. He loves you. And if you listen to His voice in your heart, you will find the way that leads to Him and to happiness." Such a kind, beautiful thought will travel straight to the one you send it to with its wonderful message. Nobody but God and His great Helpers can know how much good that one little thought may do. What's more, when you do a thing like this you can be very sure that you, yourself, are being a helper in God's plan.

GRADE III — FIRST SUNDAY

Bible Lesson — John 13:1-17

WASHING THE DISCIPLES' FEET

Golden Text — For every one that exalteth himself shall be abased; and he that humbleth himself shall be exalted.
—*Luke 18:14.*

Christ Jesus and His disciples were gathered together for supper. After they had finished eating, He wrapped a towel

around His body. He poured water into a basin and began washing the disciples' feet, drying them with the towel.

You can imagine how surprised the disciples must have been! It was the custom in their country for a servant to wash the feet of guests in a house. This was necessary, as the people just wore sandals in that dry, dusty country, making the foot washing very refreshing and a courtesy to all guests.

When Christ Jesus came to Simon Peter, he said, "Lord do you wash my feet?" Christ Jesus answered, "What I do you don't understand now, but you will later on." Peter said, "You shall never wash my feet."

Christ Jesus replied, "If I don't, you have no part with me." Then Peter requested, "Lord, wash not only my feet, but my hands and my head." Christ Jesus told him, "He that is washed need only have his feet washed and is completely clean."

After Christ Jesus had washed the feet of all the disciples, He sat down, asking, "Do you know what I've done to you? You call me Lord and Master, which I am. If I, your Lord and Master, have washed your feet, then you should also wash one another's feet. I have given you an example to follow. Further, the servant is no greater than his lord, nor is he that is sent greater than he that sent him. If you know these things, happy are you if you do them." In washing the feet of the disciples Christ Jesus showed not only love for them, but also humility.

Throughout all of His teachings Christ Jesus warns about pretending to be other than we really are. It is very easy to do that when we want to look good in the eyes of other people. We may think we can get by in doing so, but not everyone is fooled by our words and actions, least of all God, who sees and knows all that is in our hearts and minds. Actually, pretending is another way of telling a lie, isn't it? Perhaps you never thought of it in that way before.

Pride is another fault and habit we can easily get into.

Pride means thinking better of ourselves than we really are. Then there is vanity, which means being self-satisfied and admiring ourselves. This is another form of selfishness.

How is humility expressed? By kindness — helping another but not boasting about it; by courtesy — through allowing others preference. Humility is another way of expressing love.

We might say that love and humility work together; when we really love someone, we give that person first place in our lives. Let us work harder to include more of love and humility in our daily lives. We shall be surprised at what a difference it can make in communicating with those we know and those we don't know.

GRADE III — SECOND SUNDAY

KEYWORD: *Compassion.*

Have you thought about the message of our two Star Angel teachers this week? What is Jupiter's message? (Be kind.) And Neptune's message? ("Sh. Listen. God is calling.") Have you had any opportunity to send a strong, good thought to someone who was doing wrong, and who was getting only unkind thoughts from others? (Discussion.)

Whenever you do that it will make you feel as if you and God had a secret together, because that is His way of helping.

The messages of the Star Angels are always very simple, aren't they? But you know by this time that behind these simple messages there is always something very big. So let us look behind the messages of Jupiter and Neptune to see what is there. To do this we need to find out what the difference is between the four life waves on the Earth that we know about, the ones we call the "four Kingdoms".

First, we look at the minerals — the sand and rocks and earth — and we see that they can neither grow nor move. They *seem* to be dead, but that is because the life sparks in

them are just starting out on that long, long road that we have traveled and are as sound asleep as we were when *we* started on that first Great Day of Creation. Then we look at the plants and we see that they are much more alive than the minerals. They grow and send out leaves and flowers. They have seeds (which are the plant children) that grow into new plants just like the mother plant. The reason for this difference between the minerals and the plants is this: the mineral has only one body — the body of sand or rock or earth that we can see with our physical eyes. This is called the *dense* body. But the plant has another body, too fine for our physical eyes to see, that is just like its dense body, only it is made of ethers. It is inside and around the dense body of the plant and it shines with a soft glow because it carries through the plant the life that flows from God. This body of ethers is called the vital body.) The life sparks in the plants are just about as wide awake as we were on the second Great Day when we got our vital body. They have been on the road of life one Day longer than the minerals.

Then we come to the animal kingdom. Let us see what the animals can do that plants cannot do. First of all they can move about. They can *feel* heat, cold, hunger, fear, and anger. They can be happy or unhappy. This is because they have one more body than the plants have. (They are one Great Day older than the plants, you see). This third body is called the *desire* body. It looks like a bright cloud of whirling colors, changing every minute, but like the vital body it is too fine for our eyes to see. This is the body that makes it possible for the animals to feel and to move. The life sparks in the animal kingdom are about as wide awake as we were on the third Great Day when we got *our* desire bodies.

Now we look at the human kingdom and ask, "What can we do that the animals cannot do?" The first thing that strikes us is that we can *think* and put our thoughts into words that others can understand. Also, we can use our hands to make things that we have thought about, and be-

cause of this we are able to do hundreds of things that the animals cannot do. This means that we have still another body — one that we can think with, which the animals have not. This is the *mind* — the body that we think with. It is our newest body, for we only got it after the beginning of this fourth Great Day — the one we are going through now, you know. It has as little shape to it as this dense body of ours had when it began, away back in that first Great Day. It looks like a little cloud around our heads now, but as we learn more and more how to think and how to love, this mind body of ours will grow into something very, very wonderful.

You can see by all this that the life sparks in the three lower kingdoms are gradually growing and waking up more and more just as we did during the three and a half Great Days that lie behind us, and as we shall keep on doing during the three and a half Great Days that lie ahead of us. It is as if we, and everything that lives, were climbing a great ladder, a ladder that reaches from the lowest and littlest thing right up to God. On the step above us are the Angels. On the next are the Archangels and on beyond that, higher and still higher Beings — all climbing, climbing up to God.

Here is where the messages of Neptune and Jupiter come in. The step that we human beings are trying to make in this fourth Great Day is perhaps the most important of all, because, when we get to that next rung of the ladder of life we shall be able to see and understand more of the glorious Plan of God, and will never again do the things that hold us back and bring us into so much trouble, sorrow, and suffering. The great Ones who are above us know all this and with their great love they reach down to help us.

The glorious beings whom we call Neptune and Jupiter are giving us the secret of how to make this big step in the quickest and happiest way when they tell us to listen to the voice of God in our hearts and *be kind* — kind not only to one another but also to those children of God who are below us on the ladder of life, for they are our younger brothers.